

GGAA



STALLIONS

CHEERLEADING

FOOTBALL 2014

STALLIONS



CHEERLEADING

2014 Stallions Football Season Fact Sheet | Cheerleading

We are excited about this year's Stallions Football season! Here are a few details about this year's cheerleading squad(s). Full details will be available April 7, 2014.

JV and Varsity Squads

There will be two squads this year.

JV: Ages 12-13

Will cheer for home JV games only.

JV Cheer will be a pep/cheer squad only and will not stunt. This squad will be led by members of the varsity squad and supervised by the GCAA Cheerleading Board.

Varsity: Ages 14-18

Will cheer for all varsity games and the 4th quarter of away JV games.

Varsity Cheer is a high performance stunting cheer squad. Varsity will also choreograph a dance routine for half-time.

Practices (All practices will be held at Crossroads Church in Concord, NC.)

JV: Thursday, 6-8 p.m.

Begins May 1, 2014

Varsity: Monday, 6-8 p.m.

Begins April 28, 2014

Registration: April 7-28, 2014

April 7, 2014, 6-8 p.m.

Parent Meeting & Registration Opens

Crossroads Church, Concord, NC

- Uniforms will be available to see.
- Full details and registration packets handed out.
- Meet the coach.

Cost

JV: \$200 per cheerleader

(This is our best estimate to date. Final details may increase or lower this amount.)

- Includes uniform (practice & game shirts, socks, bows & poms), warm-ups, insurance and fees
- Additional costs: shorts and shoes
- Full details available on April 7. Fundraisers will be held to offset fees.
- \$100 deposit due at registration. (non-refundable)

Varsity: \$425 per cheerleader

(This is our best estimate to date. Final details may increase or lower this amount.)

- Includes uniform, bows, socks, poms, insurance, and fees
- Additional costs: Cheer camp est. \$100 per cheerleader, warm-ups for New Cheerleaders est. \$100, practice shorts and shoes
- Full details available on April 7. Fundraisers will be held to offset fees.
- \$100 deposit due at registration. (non-refundable)

STALLIONS



CHEERLEADING

Fundraisers

There will be several fundraisers held to offset expenses. Participation is mandatory in most cases.

First Fundraiser:

Hot Dog Sale I Bass Pro Shoppe, Concord Mills

April 19, 10 a.m. - 7 p.m.

Games

All games are held on Saturdays August 16 - November 1, 2014.

Questions??

If you have any questions prior to the April 7, 2014, then please contact our Communications Director, Traci West at traciwest@gmail.com or visit gcaastallions.com.

GCAA Stallions Cheer Squad Constitution

GCAA Cheer Board Members

- GCAA Cheer Board Liaison - Eric Winter
- GCAA Cheer Coach - Chelsea Dawsey
- GCAA Cheer Treasurer - Dedra Winter
- GCAA Cheer Communications - Traci West
- GCAA Cheer Fundraising - Shelley Hurley
- GCAA Cheer Secretary - Bev Nowlin

Purpose/Mission

- Develop godly character and a sense of community through the avenues of encouragement, servant leadership and disciplined training.
- Promote and uphold the integrity, pride, and spirit of the GCAA Stallions cheer program.
- Represent GCAA Stallions cheer program to the highest degree during games and events.
- Set an example of good behavior at all times (whether in uniform or not).
- Promote friendship between members of our cheer squad and with other programs /teams with whom we interact.

Program Vision

- To give all team members an experience they will carry with them for a lifetime.
- To help them grow not just as “cheerleaders” but as individuals as well.
- To encourage performing and competing to build self-confidence, self-esteem, coordination, personal enjoyment and success!
- To help develop physical skills and learn about personal conditioning and safety.
- To help all cheerleaders develop socially through teamwork, cooperation, competition, and appropriate behavior standards.

Educational Value for Cheerleaders

Membership on the GCAA Stallions cheer squad offers a unique opportunity for personal growth, leadership and involvement in diverse activities. The attitude, dedication, and enthusiasm of the team members are just as important as the skills involved. Coaches and members of the GCAA Stallions cheer squad are committed to the highest level of athleticism, performance, self-discipline, respect for others, personal exemplary conduct and the performance of all responsibilities related to the pursuit of spirit and pride.

Requirements

Cheerleaders should understand that teamwork and the maintenance of discipline is key to the success of the program. Cheerleaders are dedicated to promoting spirit, enthusiasm, and a positive winning attitude through *example*. Adherence to the program rules and regulations is vital to achieving these goals. All members realize that the manner in which they conduct themselves, in or out, of uniform directly reflects on the entire team and program.

It is recognized that these rules, regulations, and requirements are necessary to maintain team morale, team and individual discipline, and effective learning. Consistent enforcement of rules, regulations and requirements is also necessary to ensure the safety and general well being of each individual cheerleader. Being a cheerleader is a privilege, not a right.

GCAA Stallions Cheer team requirements; expectations, rules and regulations are clearly outlined and stated in the team packet. By signing these documents there is the understanding that the documents are understood and agreed to as being part of the participation on the GCAA Stallions cheer squad. The Board reserves the right to review and revise policies during the year as deemed necessary.

All members are expected to take part in at least the mandatory fundraisers. Any merchandise lost or stolen must be replaced/paid for by that member. Since thefts occur, it is wise not to leave items/money in cars, etc but rather kept in one's possession at all times.

Expenses for Varsity Cheerleaders

By signing this contract, cheerleaders (and their families) are agreeing to pay the cost of registration fees, as outlined below. If there is a need for financial assistance, that should be brought before the Board for review. Failure to pay the fees as outlined below will result in removal from the team. Fees are due on or before the November 18 practice.

GCAA Fee - \$10

Insurance - \$17

General Fund - \$35

Uniform - \$363

Total - \$425*

***Total does not include the cost of camp, warm ups, practice shorts or cheer shoes.**

Expenses for Junior Varsity Cheerleaders

By signing this contract, cheerleaders (and their families) are agreeing to pay the cost of registration fees, as outlined below. If there is a need for financial assistance, that should be brought before the Board for review. Failure to pay the fees as outlined below will result in removal from the team. Fees are due on or before the November 18 practice.

GCAA Fee - \$10

Insurance - \$17

General Fund - \$35

Uniform - \$138

Total - \$200*

***Total does not include the cost of practice shorts or cheer shoes.**

Conduct

By accepting the privilege/honor of wearing a GCAA Stallions Cheer uniform, a member accepts the fact that his/her actions are more prominent than those not associated with such a recognized activity. Because of this prominence, exemplary behavior is mandatory at all times and at all functions where the team is recognized as representatives of GCAA Stallions cheer program. Cheerleaders must display proper behavior in accordance with GCAA guidelines.

Every attempt will be made to discipline fairly/equally and to make consequences of actions known ahead of time. Parents will be kept informed of problem situations. Severity of the offense or repeated offenses may dictate harsher action. We will attempt to resolve all conflicts or discipline issues using the

guidelines set forth in Matthew 18. Coach Chelsea will speak with the cheerleader first. If the problem persists, then the Board will meet with the cheerleader and her family to determine the best course of action. Because all situations may not be foreseen and thus outlined here, each will be dealt with in a manner decided upon by the coach with assistance from the Board if necessary. Poor conduct/behavior could result in warnings, consequences, and suspension/dismissal from the team. Inappropriate behaviors not only reflect on the individual, but can also affect the image of the entire team and GCAA Stallions Cheer program. The good of the squad always comes before any one individual. No one is irreplaceable or indispensable.

Uniforms for Varsity Cheerleaders

In accordance with GCAA standards the individual will pay for uniforms kept by the individual. Uniform styles will be decided by the Board with the goal of maintaining the same uniform and adding/replacing pieces as style and availability issues arise. Uniforms are to be kept clean, neat and in good repair at all times. Items ruined, lost or stolen will be replaced by that member at his/her own expense. The game uniform will consist of a shell, skirt, black midriff, poms, warm-up suit, and white cheer shoes. Cheer bows and socks will be provided as part of the registration fee. Cheer shoes are Nike - item # 448002100. Nail polish and jewelry are prohibited during games and practices.

Practice uniforms will be a t-shirt as issued by the squad, black sofee shorts (to be purchased by the cheerleader) and a practice bow.

If a member is removed from the squad he/she will be expected to return all items belonging to the cheer squad. If a cheer uniform is in good condition, there may be the possibility for the member to sell them back to the team depending on factors including, but not limited to: size, need, availability, time of the year, condition etc. Each situation will be determined on a case-by-case basis.

Uniform fees include all EXCEPT for the black sofee shorts and the cheer shoes.

Uniforms for Junior Varsity Cheerleaders

In accordance with GCAA standards the individual will pay for uniforms kept by the individual. Uniform styles will be decided by the Board with the goal of maintaining the same uniform and adding/replacing pieces as style and availability issues arise. Uniforms are to be kept clean, neat and in good repair at all times. Items ruined, lost or stolen will be replaced by that member at his/her own expense. The game uniform will consist of a team shirt, black sofee shorts, poms, warm-up suit, and white cheer shoes. Cheer bows and socks will be provided as part of the registration fee. Cheer shoes are Nike - item # 448002100. Nail polish and jewelry are prohibited during games and practices.

Practice uniforms will be a t-shirt as issued by the squad, black sofee shorts (to be purchased by the cheerleader) and a practice bow.

If a member is removed from the squad he/she will be expected to return all items belonging to the cheer squad. If a cheer uniform is in good condition, there may be the possibility for the member to sell them back to the team depending on factors including, but not limited to: size, need, availability, time of the year, condition etc. Each situation will be determined on a case-by-case basis.

Uniform fees include all EXCEPT for the black sofee shorts and the cheer shoes.

Other Expenses

CCA Camp is mandatory for all cheerleaders. The camp helps the squad in becoming a real team and gaining knowledge that will be used during the regular season. Fundraising monies may assist in the payment of summer camp, when possible. However, fees for summer camp/transportation are ultimately the responsibility of the individual.

Practices and Performances

Cheerleaders are expected to be attentive, cooperative, and quiet when learning techniques and routines. Repeated disruptions, especially during the same practice, will result in warnings and consequences as per the code of conduct. Constructive criticism/suggestions given in a polite manner are welcomed. Complaining and/or rudeness to the coach or other team members are a disruption that will carry consequences including possible removal from the practice or performances.

Missing an important practice before a performance or competition *may* result in the individual forfeiting the opportunity to perform. Cheerleading is an athletic activity and all members must be present in order to complete a routine. The decision will depend on the circumstances, attendance history and other factors of the member. The team member will still be expected to attend the game, performance or competition in full uniform and adhere to all the requirements of behavior at such an event. The decision regarding the performance will be made by the coaching staff and is final.

Being tardy to events including but not limited to practices, games, meetings, etc... warrants consequences as outlined in the code of conduct. Three tardies = 1 unexcused absence. 2 unexcused absences = being benched for the next event. Reasonable tardy excuses include tutoring, academic meeting, school/sport practice, all for which the coach should be notified PRIOR to the occurrence, or in case of emergency, as quickly as possible. Abuse of the notification rule and Coach's trust with respect to tardies will warrant a one-on-one conference with that student and possibly parents, and more severe consequences for further tardies *regardless* of reasons.

Members are required to wear appropriate practice gear and must follow the National Spirit Rules regarding jewelry and nails. No exceptions. Anyone not adhering to these rules will not be allowed to practice until they are dressed properly and in accordance with all rules and regulations.

If you are injured or sick for more than one week of consecutive practices, for the safety of that individual and the entire team, a written parental release will be required before they will be allowed to re-participate outlining the nature of the sickness and stating that the member has parental permission to re-participate fully and will take any responsibility for ramifications from the re-participation. This is for the health, well being and safety of the member and his/her teammates.

Accidents and Injuries

In the event of an injury, the parent/guardian will be notified by either a board member or assistant coach. While we do have insurance as a cheer squad, that insurance is secondary and any claims must first be filed through your primary insurance.

Miscellaneous Items

The constitutional items listed above are in conjunction with and in addition to all the team expectations, rules and regulations as set forth in the team packet. These are formulated and designed to assist and support the GCAA Stallions Cheer program.

Parental support is necessary and vital to the success of the program. Parents can feel free to talk with the GCAA cheer board which includes the coach about issues that arise but must do so in a respectful manner. Please know that we are giving our full attention to the team at practices, games and competition so time will need to be set aside, and pre-arranged for individual conferences.

Fundraising is key to raising money to support the program and to help offset costs to individuals. At this time, we have a mandatory GCAA Stallions Cheer fundraiser set for Saturday, April 19 at the Bass Pro Shop. We are also currently working to schedule more fundraisers.

Individuals on the team who are currently dating a team member need to keep the relationship "off the matt." Practice or game time is team time. Any relationship (dating or not) that interferes with the good of the squad will be counseled. The rule of thumb is that if a bystander can pick out the dating couple then

you are not behaving in a team like manner. Public displays of affection while wearing the GCAA Stallions Cheer uniform at games or events is not acceptable, this includes but is not limited to: kissing, sitting on laps, etc....

Team members should always remember that the success of our squad has more to do with how the relationships work in the squad than how our elements work. If there is a disruption in relationships that is affecting that teamwork we will deal with that, consequences include but are not limited to counseling and not stunting.

Parents are asked to adhere to the same adage team members follow about refraining from making any type of negative, derogatory comments or stating "opinions" about how situations are handled. We are all examples of promoting an environment of positive and mutual respect. Please address concerns at an appropriate time to the parties involved.

2013-2014 GCAA Cheer Fundraising Guidelines and Expectations

This year's GCAA Cheer Fundraising Chair is: Shelley Hurley. You may contact her with any questions at: 704-453-8275 or at shelley17hurley@aol.com.

Fundraising Expectations:

Each team member is expected to participate in all mandatory fundraisers to help offset the costs incurred during this season. If a member cannot participate in the mandatory fundraiser, then she will be expected to pay \$50 to cover her portion of the fundraiser proceeds.

Fundraisers Scheduled:

Location	Date & Time	Goal	Mandatory	Benefits
BassPro Hot Dog Stand	April 19, 10 AM - 7 PM	\$650.00	Yes	General Fund

Parental Expectations:

Each family is expected to participate in a mandatory service night on Aug. 30. We will work concessions, take tickets and assist in cleanup for the Aug. 30 game. If you cannot participate on this particular night, it will be expected that you volunteer to serve on another night.

Definitions:

Benched- the teammate may not participate in the game, event, performance, and competition.

Suspended-the teammate is removed from all activities for a specified period of time. Uniform/cheer jacket may not be worn during this time.

Dismissed-the teammate is permanently removed from the team. Uniform/jacket may not be worn at all for the rest of the year.

GCAA CHEER 2014 Football Cheer Calendar

Mon Apr 7, 2014 6pm Registration and Informational Meeting	Thu Jul 3, 2014 6pm JV Cheer Practice	Mon Sep 1, 2014 6pm Varsity Cheer Practice	Sat Oct 18, 2014 Stallions Football
Mon Apr 28, 2014 6pm Varsity Cheer Practice	Mon Jul 7, 2014 6pm Varsity Cheer Practice	Thu Sep 4, 2014 6pm JV Cheer Practice	Mon Oct 20, 2014 6pm Varsity Cheer Practice
Thu May 1, 2014 6pm JV Cheer Practice	Thu Jul 10, 2014 6pm JV Cheer Practice	Sat Sep 6, 2014 Stallions Football	Thu Oct 23, 2014 6pm JV Cheer Practice
Mon May 5, 2014 6pm Varsity Cheer Practice	Mon Jul 14, 2014 6pm Varsity Cheer Practice	Mon Sep 8, 2014 6pm Varsity Cheer Practice	Mon Oct 27, 2014 6pm Varsity Cheer Practice
Thu May 8, 2014 6pm JV Cheer Practice	Thu Jul 17, 2014 6pm JV Cheer Practice	Thu Sep 11, 2014 6pm JV Cheer Practice	Thu Oct 30, 2014 6pm JV Cheer Practice
Mon May 12, 2014 6pm Varsity Cheer Practice	Mon Jul 21, 2014 6pm Varsity Cheer Practice	Sat Sep 13, 2014 Stallions Football	Mon Nov 3, 2014 6pm Varsity Cheer Practice
Thu May 15, 2014 6pm JV Cheer Practice	Thu Jul 24, 2014 6pm JV Cheer Practice	Mon Sep 15, 2014 6pm Varsity Cheer Practice	Thu Nov 6, 2014 6pm JV Cheer Practice
Mon May 19, 2014 6pm Varsity Cheer Practice	Mon Jul 28, 2014 6pm Varsity Cheer Practice	Thu Sep 18, 2014 6pm JV Cheer Practice	
Thu May 22, 2014 6pm JV Cheer Practice	Thu Jul 31, 2014 6pm JV Cheer Practice	Sat Sep 20, 2014 Stallions Football	
Mon May 26, 2014 6pm Varsity Cheer Practice	Mon Aug 4, 2014 6pm Varsity Cheer Practice	Mon Sep 22, 2014 6pm Varsity Cheer Practice	
Thu May 29, 2014 6pm JV Cheer Practice	Thu Aug 7, 2014 6pm JV Cheer Practice	Thu Sep 25, 2014 6pm JV Cheer Practice	
Mon Jun 2, 2014 6pm Varsity Cheer Practice	Mon Aug 11, 2014 6pm Varsity Cheer Practice	Sat Sep 27, 2014 Stallions Football	
Thu Jun 5, 2014 6pm JV Cheer Practice	Thu Aug 14, 2014 6pm JV Cheer Practice	Mon Sep 29, 2014 6pm Varsity Cheer Practice	
Mon Jun 9, 2014 6pm Varsity Cheer Practice	Sat Aug 16, 2014 Stallions Football	Thu Oct 2, 2014 6pm JV Cheer Practice	
Thu Jun 12, 2014 6pm JV Cheer Practice	Mon Aug 18, 2014 6pm Varsity Cheer Practice	Sat Oct 4, 2014 Stallions Football	
Mon Jun 16, 2014 6pm Varsity Cheer Practice	Thu Aug 21, 2014 6pm JV Cheer Practice	Mon Oct 6, 2014 6pm Varsity Cheer Practice	
Thu Jun 19, 2014 6pm JV Cheer Practice	Sat Aug 23, 2014 Stallions Football	Thu Oct 9, 2014 6pm JV Cheer Practice	
Mon Jun 23, 2014 6pm Varsity Cheer Practice	Mon Aug 25, 2014 6pm Varsity Cheer Practice	Sat Oct 11, 2014 Stallions Football	
Thu Jun 26, 2014 6pm JV Cheer Practice	Thu Aug 28, 2014 6pm JV Cheer Practice	Mon Oct 13, 2014 6pm Varsity Cheer Practice	
Mon Jun 30, 2014 6pm Varsity Cheer Practice	Sat Aug 30, 2014 Stallions Football 4:30pm Cheer Volunteer Night	Thu Oct 16, 2014 6pm JV Cheer Practice	

I/We have fully read the constitution and understand what is expected to remain in good standing as a member of the GCAA Stallions cheer squad. I/we will keep knowledgeable and informed of all rules, and realize the consequences of poor behavior or inappropriate actions may be severe. I/we will do all we can to uphold the honor and tradition of being involved with the GCAA Stallions cheer program. I/we will do all we can to uphold the standards set forth by respecting my teammates, coaches, and the program by always presenting myself with the utmost integrity both in and out of uniform.

Signed by the cheerleader: _____

Signed by the parent(s): _____

Date: _____

I/We have fully read the constitution and understand what is expected to remain in good standing as a member of the GCAA Stallions cheer squad. I/we will keep knowledgeable and informed of all rules, and realize the consequences of poor behavior or inappropriate actions may be severe. I/we will do all we can to uphold the honor and tradition of being involved with the GCAA Stallions cheer program. I/we will do all we can to uphold the standards set forth by respecting my teammates, coaches, and the program by always presenting myself with the utmost integrity both in and out of uniform.

Signed by the cheerleader:_____

Signed by the parent(s):_____

Date:_____

2014 SCHEDULE

August 16 CABARRUS @ LAKE NORMAN

August 23 ASHEVILLE @ CABARRUS

August 30 Greensboro Panthers @ Cabarrus

September 6 MORGANTON @ CABARRUS

September 13 CABARRUS @ CAROLINA

September 20 Cabarrus @ N. Wake Saints

September 27 CABARRUS @ TENNESSEE

October 4 CAROLINA @ CABARRUS

October 11 BYE

October 18 LAKE NORMAN @ CABARRUS

October 25 VARSITY PLAYOFFS/JV CHAMPIONSHIP

November 1 VARSITY CHAMPIONSHIP

GCAA Stallions 2014 Cheerleading Registration Check-off List

The following must be submitted prior to the first practice:

- Registration form completed
- Parent and cheerleader signatures acknowledging that constitution has been read.
- Signed liability form
- Individual uniform order form
- \$100 deposit due at registration plus \$100 due at first practice. See payment schedule.
- Signed payment agreement
- Insurance form
- Copy of sports physical (must be current through November 2014)
- Copy of birth certificate

GCAA Stallions 2014 Cheerleading Payment Scheduled Agreement

Varsity Payment Schedule

Total \$425*

Registration: \$100 due

April 28: \$100 due (plus camp fee)

May 19: \$100 due (plus warm-up fee if due)

June 16: Balance due*

JV Payment Schedule

Total \$200*

Registration: \$100 due

May 22: Balance due*

Total balance due will be subject to change based on final fees. Uniforms require 8 weeks to be made. We must collect all funds no later than June 16 for the order.

All payments must be made on time. Cheerleaders will not be permitted to participate in practices or games if balance is owed past due dates.

Parent Name (Please print)

Parent Signature

Date _____

GCAA Stallions 2014 Cheerleading Payment Scheduled Agreement

Varsity Payment Schedule

Total \$425*

Registration: \$100 due

April 28: \$100 due (plus camp fee)

May 19: \$100 due (plus warm-up fee if due)

June 16: Balance due*

JV Payment Schedule

Total \$200*

Registration: \$100 due

May 22: Balance due*

Total balance due will be subject to change based on final fees. Uniforms require 8 weeks to be made. We must collect all funds no later than June 16 for the order.

All payments must be made on time. Cheerleaders will not be permitted to participate in practices or games if balance is owed past due dates.

Parent Name (Please print)

Parent Signature

Date _____

Greater Cabarrus Athletic Association • PO Box 6418 • Concord, NC 28027
Player/Parent Registration Agreement

FALL GCAA OFFICIAL USE ONLY	WINTER GCAA OFFICIAL USE ONLY	SPRING GCAA OFFICIAL USE ONLY
SPORT: _____	SPORT: _____	SPORT: _____
PAID \$: _____	PAID \$: _____	PAID \$: _____
CASH: _____	CASH: _____	CASH: _____
CHECK: _____	CHECK: _____	CHECK: _____
PAYPAL: _____	PAYPAL: _____	PAYPAL: _____
SCRIP: _____	SCRIP: _____	SCRIP: _____
SCHOLARSHIP AMOUNT \$: _____	SCHOLARSHIP AMOUNT \$: _____	SCHOLARSHIP AMOUNT \$: _____
BIRTH CERTIFICATE: _____	BIRTH CERTIFICATE: _____	BIRTH CERTIFICATE: _____
PHYSICAL FORM: _____	PHYSICAL FORM: _____	PHYSICAL FORM: _____
OPPORTUNITIES TO VOLUNTEER: _____	OPPORTUNITIES TO VOLUNTEER: _____	OPPORTUNITIES TO VOLUNTEER: _____
GCAA MEMBERSHIP FEES \$: _____	GCAA MEMBERSHIP FEES \$: _____	GCAA MEMBERSHIP FEES \$: _____
ACCEPTED BY: _____	ACCEPTED BY: _____	ACCEPTED BY: _____
DATE: _____	DATE: _____	DATE: _____

The Greater Cabarrus Athletic Association "GCAA" is a non-profit organization formed for the purpose of advancing athletic competition for home school students. Please complete the registration form in its entirety and attach all required forms including a copy of the athlete's birth certificate. By filling out this form and paying the registration fees, you are agreeing on behalf of your child as well as you personally, to adhere to the terms contained herein as well as all rules and regulations adopted by and utilized on behalf of the GCAA.

Athlete's Name: _____ Grade: _____ Age: _____ Date of Birth: _____

Father's Name: _____ Cell #: _____ Home #: _____ Email: _____

Mother's Name: _____ Cell #: _____ Home #: _____ Email: _____

Athlete's Address: _____ City: _____ State: _____ Zip: _____

Athlete's Height: _____ Athlete's Weight: _____ Pants/Short Size: _____ Shirt Size: _____ Hat Size: _____

Please note if sizes are adult or youth.

Athlete's Cell #: _____ Athlete's Email: _____

Registered Home School Name: _____ County in which home school is operated: _____

Chief Administrator: _____ Church Attend: _____

Emergency Contact: _____ Relationship: _____

Emergency Phone #: _____ Emergency Phone #: _____

Current Medications: _____ Allergies to Medication: _____

REGISTRATION COSTS:

Each player will be required to pay as set by each sport. If player fees are not paid in full by the second week of the sport season, the same which is designated by the GCAA, then a \$25 late fee will be added to registration fees. Players will not be issued a uniform until registration fees are paid in full.

Note: The registration costs may be subject to change prior to the start of the upcoming season due to unforeseen budget issues.

SECTION II: AGREEMENT CONCERNING REFUNDABILITY OF FEES

(I) (We), the undersigned, as parent or guardian of a registered GCAA participant, hereby agree and understand that all registration and other fees I have paid to the GCAA are not subject to refund or return.

SECTION III: LIABILITY RELEASE

(I) (We), the undersigned, hereby waive and absolve the GCAA and all persons, affiliated with or working with, or for the GCAA, thereof, of any liability and responsibility for injuries, sickness, accidents, and/or acts of God incurred during the participation in camps, athletic games, clinics, private coaching, weightlifting, and or any related activity by my child. In consideration of my signed release allowing my child to participate in the GCAA activity, I, intending to be legally bound, do hereby, my heirs, executor, and administration, waive, release and forever discharge any and all rights and claims for damage which I may have or which may hereafter accrue to me against the GCAA, directors, coaches, representatives, volunteers and/or assignee for any and all damages which may be sustained or suffered by me or my child in connection with my association with or participation in, or arising out of travel to and/or from respective activities. In event of injury/accident/sickness, the GCAA directors and/or coaches are to contact the designated adult listed on the registration form.

Greater Cabarrus Athletic Association • PO Box 6418 • Concord, NC 28027
Player/Parent Registration Agreement

SECTION IV: INSURANCE AGREEMENT

(I) (We), the undersigned, certify that I understand that I can not file for reimbursement of medical expenses on behalf of my child or ward under GCAA provided insurance until after I have paid the deductible amount (if any), and my personal insurance (if any), and/or any other institutional insurance has first been paid whatever insurance amounts are appropriately due under these policies.

MY/OUR PRIMARY INSURANCE PROVIDER IS: _____ **POLICY NUMBER:** _____

INSURANCE PROVIDER PHONE #: _____ **INITIAL:** _____

I also acknowledge that before my (our) child can participate in such school-sponsored sport(s) this consent must be executed by me (us) and filed with the athletic association, together with the results of a physical examination indicating that my child is physically fit to participate in such school sponsored activities.

INITIAL: _____

SECTION V: CONSENT FOR TREATMENT AND GRANT OF IN LOCO PARENTIS STATUS

(I) (We), the undersigned, parent(s) of , a minor, do hereby authorize the coaches or other GCAA agent's permission to seek medical attention for said minor in the event of injury, illness or accident rising from his/her participation in any GCAA activity. It is understood that this authorization is given in advance of any specific diagnosis, treatment, or hospital care being required but is given to provide authority and power on the aforesaid agent(s) to give specific consent to any and all such diagnosis, treatment or hospital care which the physician in the exercise of his/her best judgment may deem advisable; and neither said coaches nor agent of the GCAA assumes any financial responsibility for exercising this action.

INITIAL: _____

SECTION VI: AGREEMENT TO COLLECTION AND SAFEGUARDING OF PERSONAL DATA ON PARTICIPANTS AND PARENTS/GUARDIANS

(I) (We), the undersigned, agree to willingly participate in GCAA sponsored information gathering efforts to further the mission of the GCAA, aid in the free flow of information in the public domain as well as the exchange of information with other organizations having similar missions and academic institutions conducting research that may be helpful to the GCAA with the provision the GCAA take reasonable precautions to avoid releasing personal identification data without my/our expressed written permission.

INITIAL: _____

SECTION VII: PARTICIPANT'S AND PARENT'S CODES OF CONDUCT AND ADHERENCE TO CHRISTIAN BEHAVIOR AT PRACTICES AND COMPETITIONS

(I) (We), the undersigned, agree to the following terms of participation and attendance at GCAA events as a participant, parent, or guardian and/or spectator without any purpose of evasion or mental reservation. (I) (We), the undersigned, certify that (I) (We) will, to the best of our ability, conduct ourselves in accordance with the behavior expectations established in the GCAA's by-laws, policies and procedures and the GCAA's Code of Conduct, which are posted online at www.gcaastallions.com to which (I) (We) have ascribed.

- Prohibited actions specifically include, but are not limited to, the following:
- Inappropriate attire, appropriate attire must be worn at all times.
- Angry or vulgar language, including swearing and name-calling.
- Physical contact with another person in any angry or threatening way.
- Any demonstration of sexual activity or sexual contact with another person.
- Harassment or intimidation by words, gestures, body language or any menacing behavior.
- Theft or behavior that results in the destruction of property.
- Carrying or concealing any weapons or devices that may be used as weapons.
- Using or possessing illegal chemicals or alcohol at any GCAA sponsored event or any event which the athletes of GCAA are participating."Any other conduct of any inappropriate, threatening or offensive nature.

INITIAL: _____

SECTION VIII: PHOTO RELEASE:

☐ I DO ☐ I DO NOT

Consent to and authorize the use and reproduction by Greater Cabarrus Athletic Association of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

SIGNATURE: _____ **DATE:** _____

SIGNATURE: _____ **DATE:** _____

NOW THEREFORE IN CONSIDERATION OF THE TERMS AND CONDITIONS CONTAINED HEREIN, AS WELL AS IN CONSIDERATION OF THE DUES PAID AS REQUIRED HEREIN, THE UNDERSIGNED FOES HEREBY AGREE TO THE AFOREMENTIONED TERMS AND CONDITIONS. FURTHERMORE, I (WE) REPRESENT THAT I (WE) HAVE READ ALL OF THE TERMS AND CONDITIONS REFLECTED HEREIN AND THAT I (WE) UNDERSTAND AND AGREE TO THE SAME.

PARENT SIGNATURE: _____ **DATE:** _____

PARENT SIGNATURE: _____ **DATE:** _____

PLAYER SIGNATURE: _____ **DATE:** _____

Liability Release Form

Event or Activity: Cheerleading for the Cabarrus Stallions Football Games

Participant: _____ Age: _____

ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM

Name of the Activity or Event: Cheerleading **Event Season:** _____

I, on this _____ day of _____, 20____, HEREBY ASSUME ALL OF THE RISKS OF ALLOWING MY DAUGHTER IN PARTICIPATING AND/OR VOLUNTEERING IN THIS ACTIVITY OR EVENT, including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault.

I certify that daughter is physically fit, has sufficiently prepared or trained for participation in the activity or event, and has not been advised to not participate by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude my daughter's participation in this activity or event.

I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity or event in which daughter may participate, and that it will govern my actions and responsibilities at said activity or event.

In consideration of my application and permitting of daughter to participate in this event, I hereby take action for myself or daughter, executors, administrators, heirs, next of kin, successors, and assigns as follows:

(A) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my son or daughter's death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to them including their traveling to and from this event.

THE FOLLOWING ENTITIES OR PERSONS: The Pioneer Football League, the Cabarrus Stallions Football Team, and/or their coach's, directors, officers, employees, volunteers, representatives, and agents, the activity or event holders, activity or event sponsors, activity or event volunteers; (B) I INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity or event, whether caused by the negligence of release or otherwise.

I acknowledge that the Pioneer Football League, Cabarrus Stallions Football Team, and their coach's, directors, officers, volunteers, representatives, and agents are NOT responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific event or activity.

I acknowledge that this activity or event may involve a test of a person's physical and mental limits and may carry with it the potential for death, serious injury, and property loss. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to participants, but are also present for volunteers.

I hereby consent for daughter to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity or event.

The accident waiver and release of liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I CERTIFY THAT I HAVE READ THIS DOCUMENT, AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

Print Participant's Name, Age, and Signature (if under 18 years old, Date Parent or guardian must also sign)

PARENT / GUARDIAN WAIVER FOR MINORS (Under 18 years old)

The undersigned parent and natural guardian does hereby represent that he/she is, in fact, acting in such capacity, has consented to his/her child or ward's participation in the activity or event, and has agreed individually and on behalf of the child or ward, to the terms of the accident waiver and release of liability set forth above. The undersigned parent or guardian further agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim, or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

Print Participant's Name	Age	Signature of Parent or Guardian	Date
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2014 Stallions Varsity Cheerleading Uniforms



Pictured here
(will also include practices shirts,
bows, socks and briefs)

Motionwear Rookie Shell plus Crop
from Team Cheer



Motionwear Homecoming Skirt
from Team Cheer



Nike Sideline II
(purchased
separately)

2014 Stallions JV & Varsity Cheerleading Warm-Ups



Teamwork Achiever Jacket
from Team Cheer



Electrify Women's Pant
from Team Cheer

INDIVIDUAL ORDER FORM



NAME _____

ADDRESS _____

PHONE _____

	PRODUCT CODE	COLOR	QUANTITY	PRICE
BAG				
BODYSUIT				
BOW				
BRIEF				
CUSTOMIZATION				
JACKET				
MIDRIFF TOP				
OTHER ACCESSORIES				
PANT				
POMS				
SHELL				
SHOE				
SHORT				
SKIRT				
SKORT				
SOCK				
TANK				
TEE SHIRT				

Organization Contribution _____

Parent Contribution _____

Total _____

Uniform Size Chart

Uniforms		Girl's						Women's									
Classic Stock Uniforms p. 22-31		2XS	XS	S	M	L	XL	2XS	XS	S	M	L	XL	2XL			
Rocket Shell																	
Chest				23.5-25	26-27.5	28.5-30.5				28-30	31-33	34-36	37-39	40-42			
Altitude Midriff																	
Chest				26-27	28-30	31-32				30-32	33-35	36-38	39-41	42-44			
Illusion & Fitted Straight Skirts																	
Waist			18.5-19	20-20.5	21.5-22	22-23.5	24.5-25	24.5-25	26-26.5	27.5-28	29-29.5	30.5-31	32-32.5	33.5-34			
Hip			28	29.5	31	32.5	34	35	36.5	38	39.5	41	42.5	44			
Length			10	11	11	12	12	13	13	14	14	15	15	16			
Rhythm Shell, Pyramid Shell, V-Shell, Triumph Shell & Multi Pleat Skirt																	
Chest		20.5-22.5	23.5-25	26-27.5	28.5-30	31-33				30-32	33-35	36-38	39-41	42-44			
Waist		15.5-17.5	18.5-19.5	20.5-21.5	22.5-23.5	24.5-26.5				22-24	25-27	28-30	31-33	34-36			
Skirt Length		11	11.5	12	12.5	13				14.5	15	15.5	16	16.5			
Rhythm Top																	
Chest				26-27.5	28.5-30	31-33				30-32	33-35	36-38	39-41	42-44			
Rhythm Skirt, A-line & 3 Pleat Skirts																	
Waist		16-18	18-20	20-22	22-24	24-26		22-24	24-26	26-28	28-30	30-33	33-36	36-39			
A-Line Length		10	11	12	13	14		13	14	15	16	17	18	19			
3 Pleat Length		10.5	11.5	12.5	13.5	14.5		12.5	13.5	14.5	15.5	16.5	17.5	18.5			
Poise Shell																	
Chest		23-24	25-26	26-27	27.5-28.5	29-30	30.5-31.5		32-34	34-36	36-38	38-41	41-43	43-46			
V-Notch Skirts																	
Waist		16-18	18-20	20-22	22-24	24-26		22-24	24-26	26-28	28-30	30-33	33-36	36-39			
V-Notch Length		11	12	12.5	13.5	14.5	15	13	13.5	14.5	15.5	16.5	17.5	18.5			
V-Notch with Reverse																	
V-Braid Length		11	12	12.5	13.5	14	14.5	13	14	15	16	17	18	19			
Crossover, Charisma & Scorpion Shell																	
Chest		22-24	24-26	26-28	28-30	30-33	33-35	30-32	32-34	34-36	36-38	38-40	40-42	42-44			
Pizzazz Uniforms																	
Chest			23-25	26-27	28-30	31-32				30-32	33-35	36-38	39-41	42-44			
Waist			19-21	22-24	25-27	28-30				22-24	25-27	28-30	31-33	34-36			
Hip			20-22	23-25	26-28	29-31				30-32	33-35	36-38	39-41	42-44			
Skirt Length			10	11	12	13				13	13.5	14	15	15.5			
Knife Pleat Skirt																	
Waist		21-22	21.5-22.5	22-23	23-24	24-25				26-28	28-30	30-33	33-35	35-38			
Length		10	11	12	13	14				15	16	17	18	19			
Classic Quick Ship Custom Uniforms p. 32-33		2XS	XS	S	M	L	XL	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Solid Back Shell, 3-Pleat & A-Line Skirts																	
Waist		20.5-22.5	23.5-25	26-27.5	28.5-30	31-33				30-32	33-35	36-38	39-41	42-44			
Hip		15.5-17.5	18.5-19.5	20.5-21.5	22.5-23.5	24.5-26.5				22-24	25-27	28-30	31-33	34-36			
Skirt Length		11	11.5	12	12.5	13				14.5	15	15.5	16	16.5			
Stretch Back Shells & Straight Skirts																	
Chest		18-20	21-22.5	23.5-25	26-27.5	28.5-30.5				28-30	31-33	34-36	37-39	40-42			
Waist			18.5-19	20-20.5	21.5-22	23-23.5	24.5-25	24.5-25	26-26.5	27.5-28	29-29.5	30.5-31	32-32.5	33.5-34	35-35.5	37	38
Hip			28	29.5	31	32.5	34	35	36.5	38	39.5	41	42.5	44	45.5	47	48.5
Skirt Length			10	11	11	12	12	13	13	14	14	15	15	16	16	17	17
FlexFit™ Uniforms p. 34-42		2XS	XS	S	M	L			XS	S	M	L	XL	2XL			
Figure Fit & Skirts																	
Chest				23.5-25	26-27.5	28.5-30.5				28-30	31-33	34-36	37-39	40-42			
Back Length				17.25	18.25	19.25				21.5	22.5	23.5	24.5	25.5			
Sleeve Length				15	16.25	17.5				21.75	22.75	24	25	26.25			
Waist				18-20	21-23	24-27				24-26	27-29	30-32	33-35	36-38			
Skirt Length				10.5	11.5	13				13	13.5	14	14.5	15			
Aerial Uniform & Skirt																	
Chest		23-24	25-26	26-27	27.5-28.5	29-30	30.5-31.5		32-34	34-36	36-38	38-41	41-43	43-46			
Waist		21-22	21.5-22.5	22-23	23-24	24-25	25-26		24-26	26-28	28-30	30-33	33-35	35-38			
Flyer Shell, Energy Skirt, Enmotion Shell & Skirt																	
Chest		20.5-22.5	23.5-25	26-27.5	28.5-30	31-33				30-32	33-35	36-38	39-41	42-44			
Waist		15.5-17.5	18.5-19.5	20.5-21.5	22.5-23.5	24.5-26.5				22-24	25-27	28-30	31-33	34-36			
Skirt Length		10.5	11.5	12	12.5	13				14.5	15	15.5	16	16.5			
Cosmic Energy™ Uniforms p. 43-51			S	I	M	L		XS	S	M	L	XL	Plus 1XL	Plus 2XL	Plus 3XL		
Chest			20-21	22-24	25-27	26-29		30-32	30-33	34-37	37-41	41-43	43-45	45-48	48-50		
Waist			18-20	20-21	21-23	23-25		23-25	23-26	25-28	28-32	32-25	36-39	39-43	43-46		
Skirt Length			21-22	23-25	26-28	29-31		31-34	33-35	35-38	38-42	42-45	45-48	48-51	51-54		
Fusion™ Wear p. 52-53			XS	S	M	L				S	M	L	XL	2XL			
Chest			22.5-24	23.5-25	26-27.5	28.5-30.5				28-30	31-33	34-36	37-39	40-42			
Waist			15-17	18-20	21-23	24-27				24-26	27-29	30-32	33-35	36-38			
Skirt Length			10	10.5	11.5	13				13	13.5	14	14.5	15			
		Boy's						Men's									
Men's Uniforms p. 36-40, 53			XS	S	M	L				S	M	L	XL	2XL			
Men's Top (p. 40 & 53)				28-30	32-34	36-38	40-42			34-36	38-40	42-44	46-48	50-52	54-56		
Men's Pant (36, 37, 40 & 53)			16-18	20-22	24-26	28-30				26-28	30-32	34-36	38-40	42-44	46-48		

Bodywear Size Chart

Bodywear	Girl's					Women's							
Fusion™ Wear p. 54	XS	S	S	M	L			S	M	L	XL	2XL	
Waist	21.5-23	22.5-24	23.5-25	26-27.5	28.5-30.5			28-30	31-33	34-36	37-39	40-42	
Hip	19-20	21-22	23-25	26-28	29-31			24-26	27-29	30-32	33-35	36-38	
Bodywear p. 55-57		XS	S	M	L			S	M	L	XL	2XL	
Chest		23-25	26-27	28-30	31-32			30-32	33-35	36-38	39-41	42-44	
Waist		18-20	20-23	23-26	26-28			24-27	27-30	30-33	33-35	35-37	
Cosmic Energy Custom p. 56		S	I	M	L	P	S	M	L	XL	Plus 1XL	Plus 2XL	Plus 3XL
Chest		20-21	22-24	25-27	26-29	30-32	30-33	34-37	37-41	41-43	43-45	45-48	48-50
Waist		18-20	20-21	21-23	23-25	23-25	23-26	25-28	28-32	32-35	36-39	39-43	43-46
Hip		21-22	23-25	26-28	29-31	31-34	33-35	35-38	38-42	42-45	45-48	48-51	51-54

Warm-Up Size Chart

Warm-Ups	Girl's					Women's							
	XS	S	M	L	XL	2XS	XS	S	M	L	XL	2XL	3XL
Nfinity p. 60													
Chest						21-30	30.5-32.5	33-35	35.5-37.5	38-40	40.5-42.5	42-44	
Waist						20-22	22.5-24.5	25-27	27.5-29.5	30-32	33-35	35-37	
Cosmic Energy p. 60													
Chest		20-21	25-27	26-29				30-33	34-37	37-41	41-43		
Waist		18-20	21-23	23-25				23-26	25-28	28-32	32-35		
Hip		21-22	26-28	29-31				33-35	35-38	38-42	42-45		
Olympian, Defiance, Quantum p. 61, 63													
Chest		26-28	28-30	30-32	32-34		32-33	34-35	36-38	39-41	42-44	46-48	
Waist		22-23	24-25	26-27	28-30		24-26	27-28	29-30	31-33	34-36	37-40	
Conquer Jacket, Masterpiece Pant, Rally Jacket p. 62													
Waist							29-31	32-24	35-37	38-40	41-43	44-46	47-49
Hip							25-26	27-28	29-30	30-32	33-34	35-36	
Hampton p. 63													
Chest		38	42	46			44	46	50	54	58	62	66
Waist		19	22	25			26	28	30	32	34	36	38
Hip		36	39	42			39	42	45	48	51	54	57
Medalist, Fierce Jacket, Spark Pant, Blaze Jacket p. 64													
Chest		25-27	28-30	31-33				34-35	36-38	39-41	42-44	45-47	
Waist		21-23	23-25	25-27				26.5-27.5	28.5-29.5	30.5-32	33.5-35	36-38	
Chest (Youth)		24-26	28-30	32-34									
Waist (Youth)		22-24	24-26	26-28									
Soffee Splice & Soffee V.I.P. p. 65													
Chest		25-26.5	27-29	29.5-31.5	32-33			32-33	33.5-35.5	36-38	38.5-40.5		
Waist		22-23	23.5-24.5	25-26	26.5-27.5			23.5-25	25.5-27.5	28-30	30.5-32.5		
Prime, Achiever Jacket, Electrify Pant p. 66													
Chest		25-27	28-30	31-33	34-36		32-34	34-36	36-38	38-41	41-43	43-46	
Waist		22.5-25	24.5-27	26.5-29	28.5-31		24-26	26-28	28-30	30-33	33-35	35-38	

FREE shipping

See p. 2

follow us



like us



follow us



More size charts available at teamcheer.com

A woman with blonde hair, smiling, wearing a red long-sleeved crop top and red shorts. She has three blue horizontal bands around her chest, waist, and hips. A green arrow points down her right leg from the hip to the floor.

HOW TO MEASURE

When taking measurements, be sure to stand heels together, arms at your sides. It is best to have someone else take your measurements if possible. For a team, have one person take measurements for the whole team to ensure accuracy and consistency.

CHEST

Measure at fullest part of chest & widest part of the back.

WAIST

Measure just above the navel or smallest part of the waist.
(To find the natural waist, bend over to one side, where the waist creases is the natural waist.)

HIPS

Measure the fullest part of the hip area across the buttocks.

INSEAM

Measure from the high point of the inside leg to the floor.

*The image used in this guide is for assistance purposes only.