

WELCOME

VOLLEYBALL



STALLIONS

***WHATEVER YOU DO
DO IT ALL FOR THE GLORY OF GOD***

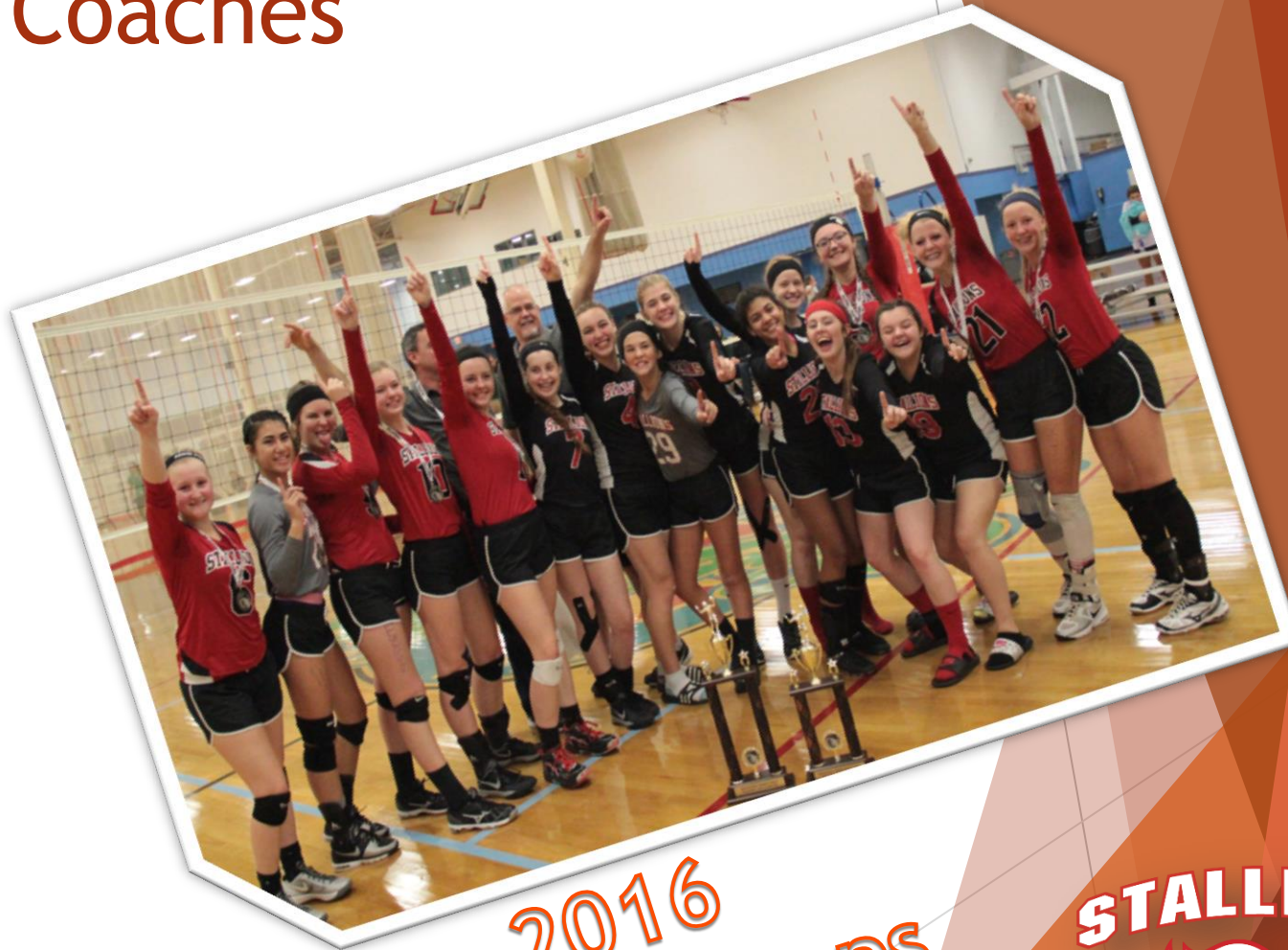
1 Corinthians 10:31

Board Members and Coaches

- ▶ Directors: Fred and Lisa Wilson
email: volleyball@gcaastallions.com

- ▶ Board Members
 - ▶ Carl and Alicia Gambrell
 - ▶ Jamie and Tara Kayali
 - ▶ Lee and Cindy Dupre
 - ▶ John and Shawna Wilson
 - ▶ Trish DeLacruz

- ▶ Coaches
 - ▶ Girls Middle School - Shawna Wilson
 - ▶ Girls Junior Varsity - Carl Gambrell / Lee Dupre
 - ▶ Girls Varsity - Lee Dupre / Carl Gambrell
 - ▶ Boys - Lee Dupre



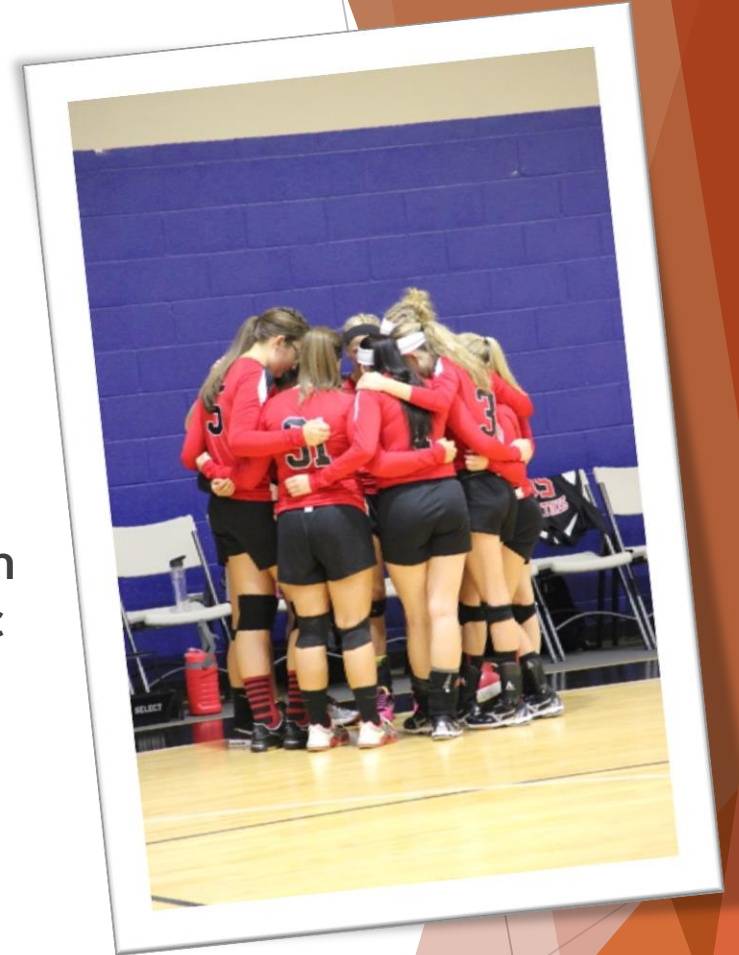
2016
State Champs

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VOLLEYBALL

Mission Statement

- ▶ Formed in 2009, GCAA is an organization of Christian home schooling families established to support and encourage Christian character, ethics and leadership through participation in athletic activities. Our duties are to provide competitive sports to home schooled athletes and to encourage and assist in the growth of existing sports as well as new ones.

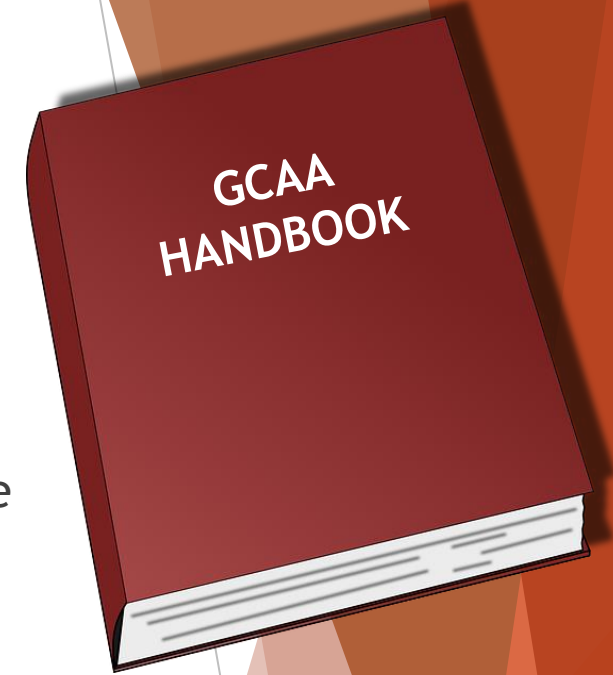


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VOLLEYBALL

Official GCAA Handbook and rules

- ▶ Volleyball operates under the governance of the GCAA and its rules.
- ▶ Unless GCAA states otherwise, all rules related to the particular sport will be under the NFHS Guidelines. <http://www.nfhs.org/>
- ▶ The GCAA handbook (and other documents) with specific rules for volleyball can be downloaded on the gcaastallions.com website under [Resources][Documents and Downloads]
- ▶ GCAA Volleyball competes in the NCHE Athletic Commission for home school athletics.



Dress Code

► Practices:

Required attire is conservative gym shorts (**spandex only allowed under shorts**), conservative top (sports bras should not be visible), tennis shoes or volleyball shoes and knee pads. Long Hair should be pulled back in a ponytail or out of the face so that it does not obstruct their view while they are on the court. No jewelry or watches on the court at any time. No hard headbands, Bandanas or headbands with knots by conference rules. No chewing gum on the courts at any time.

► Games/Tournaments

Assigned Stallions Uniform shall be neatly worn entire time while on premises of games/tournaments (**No Visible Spandex is permitted before / during / between / after games while on premises**), tennis shoes or volleyball shoes and knee pads. Long Hair should be pulled back in a ponytail or out of the face so that it does not obstruct their view while they are on the court. No jewelry or chewing gum on the courts at any time. Players should remember they are representing the image of GCAA at all times.

Please respect the churches, schools, etc. that provides us with these great facilities.



Uniform and Uniform Care

- ▶ Uniforms will be provided by Stallions before the first game. In order to maintain low registration costs, uniforms remain the property of GCAA Stallions so that they may be re-used.
- ▶ Please wash uniforms after each game and AIR DRY ONLY. **DO NOT MACHINE DRY UNIFORMS OR THEY WILL BE DAMAGED.**
- ▶ Please advise players not to pull loose strings. Cut or Turn in for repair if needed.
- ▶ There will be a \$45 fee for any Damaged or Unreturned uniforms at the end of the season.
- ▶ Girls: Need to provide their own Knee Pads and shoes.
- ▶ Boys: Players will need to provide their own Black shorts, Knee Pads, and Shoes. (Jersey only will be provided by GCAA)



Remember the Shop Day Event to save 20% on any items you need for the season!



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Practices and Games

▶ Practices

- ▶ Practices are held up to 4 days a week until games start and then games take the place of the corresponding practice that day.
- ▶ Boys Practices will usually be 1 to 2 times per week.
- ▶ **PRACTICES ARE MANDATORY.** Players that do not attend practices will NOT play in games and tournaments. Absences from practices must be approved by the player's coach.

▶ Games

- ▶ Game schedule is listed on the website at <http://volleyball.gcaastallions.com>
- ▶ There may be travel up to 2.5 hours to games. (Carpooling is encouraged)

▶ Tourneys

- ▶ There are 4-5 Tournaments scheduled this year. These are at a minimum all day events.
- ▶ Three of the tournaments (NCHEAC, SC, Asheville) will require travel and most likely hotel due to distance.

(Travel expenses are NOT included in registration fees.)



Practices and Games

▶ Player Time

- ▶ GCAA participates in competitive interscholastic athletics at the middle and high school levels. Playing time is **NOT guaranteed** and is determined solely by the coach. Ultimately, the participants determine playing time by their ability level, work ethic, attitude and their required regular attendance at practice and games. Attending practice does NOT guarantee playing time. Practice times are set by the head coach of each team.

▶ Practices

- ▶ All Players should arrive 15 minutes early to help set up court and warm up and plan to stay 15 minutes after to break down net and clean up equipment.
- ▶ **Players are expected to be at every practice.** Mandatory practices are practice sessions held during the pre-season and season. If there is something that would prevent you from being able to attend practice, the player must let the coach know as soon as possible.

▶ Games

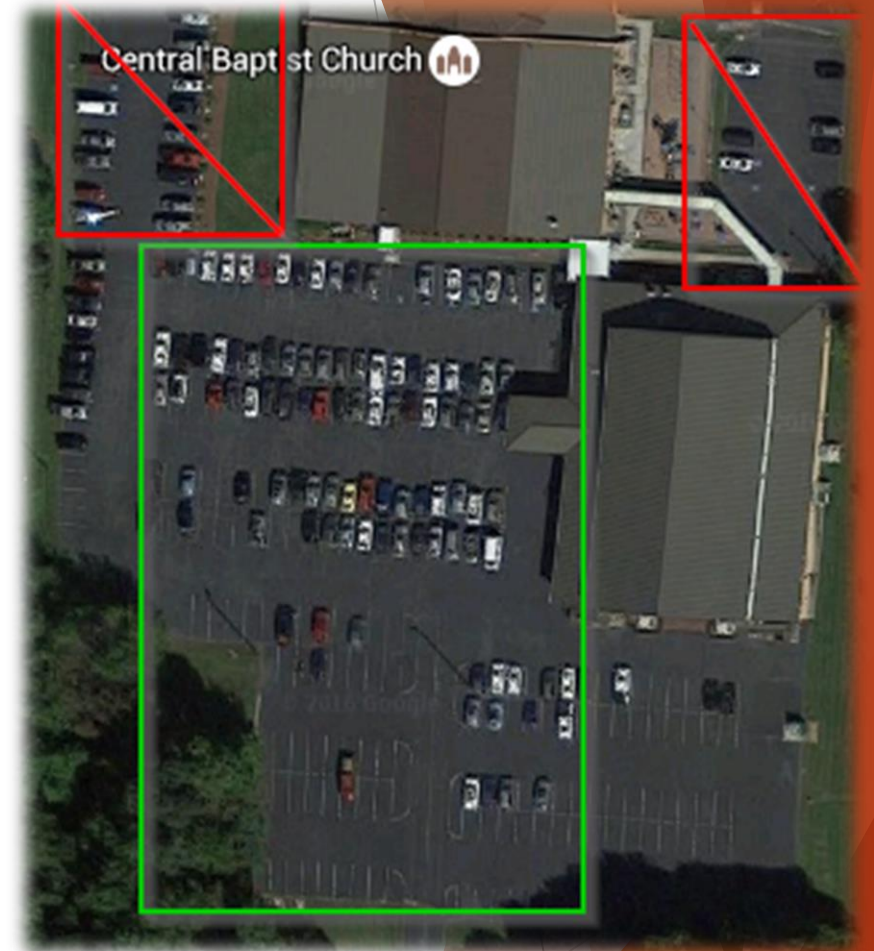
- ▶ All games and tournaments are mandatory unless out of the ordinary exception is cleared by your coach.
- ▶ Arrive at game location **one hour early** unless instructed otherwise by coach.

Remember it takes everyone to complete the team and every player is important to the success of the team.



Facility and Parking

- ▶ We are blessed to have the use of the facility at Central Baptist Church. Please adhere to the following rules.
 - ▶ **PARKING:** Please only park in lot in front of gym double doors (behind church) during practice and games. **DO NOT PARK BY DAYCARE** (by playground) **OR IN FRONT OF CHURCH AT ANY TIME.**
 - ▶ Hallways (except bathroom and concession), Gym Storage Area (old stage), and Classrooms are off limits at all times.
 - ▶ Please keep children inside gym area at all times. Playing in hallways and classrooms is not permitted. Absolutely no balls outside gym. Children shall be accompanied by an adult at all times.
 - ▶ Appropriate dress is required at all times while on facility property.
 - ▶ Be good stewards of the facilities and parking lots by leaving them in better condition than you found them. (i.e. put chairs back where they belong, put all trash in garbage cans, etc.) Every person needs to take personal responsibility for keeping the facilities clean.



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VOLLEYBALL

Expectations of Parents

- ▶ **Yes, we do expect something from our parents.** There are many ways parents can be a part of the team and contribute to the team's success.
- ▶ Drop off and pick your child up on time from practice and games. Allow your child ample time to change into their court shoes/volleyball garb before practice begins. Make every attempt to have your child at the practice site **AT LEAST 15 MINUTES PRIOR TO THE START OF PRACTICE TIME**. Your child is required to be warmed up and ready to start practice at the start of practice time, and if you get them there 5 minutes before practice, they will not be ready.
- ▶ Do not instruct your child during practices or games. The coach needs their undivided attention to get the most out of practice/games.
- ▶ Refrain from yelling negatively at the team, coaches, referees, line judges, and the other team's players and coaches. Abide by the 24 hour rule, and above all, encourage your child and their teammates.
- ▶ **Volunteer!** GCAA is completely run by volunteers. Nobody gets paid to provide this experience for your child. There is plenty to do, and it takes a team effort to get everything done... Help plan fundraisers and special events; Run Concessions; Scoring; Clean up after games; etc. etc. etc.



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Work Schedule

- ▶ There will be a schedule posted on Sign-Up Genius at the beginning of the season for each family to work in different areas. It is your responsibility to check the schedule to see where you are working at each game. The link will be emailed to each family. **If you can't fulfill your duty it is your responsibility to find a replacement.**
- ▶ All of the duties will be split evenly between the families of players to the best of our ability and duties not volunteered for will be assigned.
- ▶ Examples of job duties include: Event setup/cleanup, fund raisers, concessions, scorebook, scoreboard, admissions, line judges, libero tracker, etc.



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Estimated Season Budget

Expense	Amount
Gym Rental and Fees	\$3,000
Officials	\$2,500
Uniforms - (All boys and some girls)	\$750
Tournament Fees	\$1,500
Conference Dues and Association Fees	\$1,150
Insurance	\$450
Banquet, Senior Night, and Awards	\$1,500
Coaches Hotels	\$500
Equipment and Supplies	\$500
Estimated Total Program Cost	\$11,850
Minus Registration Fees Collected	-\$8,050
Fundraising Requirement	\$3,800



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Fund Raisers

- ▶ It takes several thousand dollars to successfully run the fall volleyball season. Facility costs, tournament fees, official fees, equipment, uniforms, etc. add up fast!
- ▶ In order to keep our registration fees as low as possible we must hold fund raisers. These events will be scheduled and announced and it is expected that the players promote and participate in the fund raising activities.
- ▶ The Scheduled Fund Raisers so far are:
 - ▶ Sonic Cards - 100% of sale goes to player's registration costs.
 - ▶ Yeti Cooler Raffle - \$5 or 5 for \$20 - Drawing July 29th. \$1 per ticket to Player Registration; remainder to program fund.
 - ▶ Volleyball Tournament - July 29th - \$100 per team
 - ▶ Bass Pro Shops Hot Dog Sale: 1 Per Volleyball team - Dates TBA
 - ▶ Golf Tournament - Already Completed! Raised around \$1200
(BIG Thank you to the McLaurins!)
 - ▶ Buffalo Wild Wings/Chipotle - TBD



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Sponsorships

- ▶ Again, In order to keep our registration fees as low as possible we must seek out sponsorships from companies.
- ▶ If you know of a business that would be willing to sponsor us, please let us know. No Sponsorship is too big or small. (Sponsorship letter is on website)
- ▶ DICKs Sporting Goods has sponsored GCAA again this year and has provided us with over \$500 in needed equipment!!

To show our gratitude and maintain future support...

- ▶ Coupons on website banner and handout to use in store (cannot be used online)
- ▶ Shop Day 20% off - July 15th - 16th @ Afton Ridge Store. Even if not buying please stop by and show support. We will be staffing the event Saturday from 10-2 for registration but the event is all day Saturday & Sunday.

(Showing our support of these events shows we value their sponsorship)



Everyone who makes a purchase at DSG between 10am and 2pm will be registered. Simply Show Receipt at GCAA Table.



No Drama Zone!



- ▶ Please keep in mind that no one is paid for their services to GCAA Stallions. Coaches, board members, directors, etc. sacrifice a large portion of their time to provide the best program they can for our kids. They are by no means perfect and make mistakes just like the rest of us.
- ▶ Conduct unbecoming an athlete will not be tolerated at any GCAA function. This covers a wide variety of circumstances; for example, not being a team player, getting into fights with fellow team members, the use of foul language, or rude gestures toward teammates, other athletes, parents, coaches, officials, or opponents. Coaching should be left up to the coaches, not the players. Unless instructed to do so by the coaches, all players should refrain from giving advice/instruction to their teammates. A player's job is to lift up and support each other only.
- ▶ Only the Team Captain (under the direction of the Head Coach) or the Head Coach may question an official.



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Grievance Policy (Players)

- ▶ The concerns of parents and students regarding participation in Stallions' athletics may be expressed. Voicing concerns needs to occur in an appropriate manner. Please adhere to the following guidelines:
 - ▶ 1. Grievances may never be raised during a game or practice, and may not be brought to the coach's attention until **after a 24 hour cooling off period**.
 - ▶ 2. In the event a player has a grievance against his or her coach, the player should first address the grievance with his or her coach. (If the player is 12 years or younger, parents may represent the child.)
 - ▶ 3. If the player is not satisfied with the coach's resolution, the parent may address the grievance with the coach by asking to meet with the coach.
 - ▶ 4. If the concern is not resolved, the parent(s) of the aggrieved child may submit written documentation to the Athletic Director or a board member of the specific sport explaining their concerns.
 - ▶ 5. If the Athletic Director or board member is unable to resolve the situation, the Athletic Director will take the grievance to the Grievance Committee of the GCAA Board, which shall consist of the Athletic Director and two members of the GCAA board. A conference with the parent(s) and athlete may be setup at this time.

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- ▶ 2. In the event a parent has a grievance against a coach, the parent should first address the grievance with the coach.
- ▶ 3. If the concern is not resolved, the parent(s) may submit grievance to the Athletic Director or a member of the specific sport explaining their concerns.
- ▶ 4. If the Athletic Director is unable to resolve the situation, the Athletic Director will take the grievance to the Grievance Committee of the GCAA Board, which shall consist of the Athletic Director and two members of the GCAA Board. A conference with the parent(s) may be set up at this time.

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Website - The Official Information Source

- ▶ www.gcaastallions.com | volleyball.gcaastallions.com
 - ▶ Official game/practice/events calendar. (Check early, Check often.)
 - ▶ Forms and Complete Handbook is available in Documents and Downloads Section of site.
- ▶ www.facebook.com/GCAASTallionsVolleyball
 - ▶ Secondary to the website but we will post updates here too.



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Costs and Registration

- ▶ Girls Registration fees will be \$275 per player with a \$50 multiple child discount. \$175 of Registration fee and all forms are due at registration. (Failure to attend registration event will result in possible cutting from team.)
- ▶ Boys Registration fees will be \$100 per player. \$50 of Registration fee and all forms are due at registration. (Failure to attend registration event will result in possible cutting from team.)
- ▶ All Registration fees are due **in full** July 29th.
Note: Sonic and Raffle fundraisers can provide much if not all of the registration fees (See handout).
- ▶ Registration fees are non-refundable once paid for any reason.
- ▶ Non-payment of registration fees by deadline may result in being benched from practice and games, up to and including being cut from the team.

**REGISTRATION is this Saturday JULY 15th
from 10:00am to 2:00pm at Dicks Sporting
Goods, Afton Ridge, Concord Store.**

Address: 6080 Bayfield Pkwy, Concord, NC 28027



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Asheville Blazer Blast Tournament October 6-7

Since Asheville is a little farther than most people want to drive back and forth for a two day event Coach Dupre has arranged a first come first serve block of hotel rooms...

Host Hotel - Echo Mountain Inn

- Stallions have a reserved block until August 1st
- There are only 18 rooms available at the reduced rate of \$115/night. 1st-come-first-serve
- Hot homemade breakfast is included!
- This will be the host hotel for any events after game and tourney such as dinner.
- Credit Card not charged until check in.

Contact information:

Echo Mountain Inn

Address: 2849 Laurel Park Hwy, Hendersonville, NC 28739

Phone: (828) 693-9626

Note: If you choose not to stay here you may want to book elsewhere soon. Rates and availability at this time of year are at a premium.



Varsity NACA Tournament October 24-27, 2017

- ▶ There is an additional cost for this tournament for Varsity team only.
- ▶ This cost covers the team housing and food for players.
- ▶ Varsity team will hold additional fund raisers to help cover this cost.
- ▶ Coach Dupre will provide additional details to Varsity Team.



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Questions?



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